

NATIONAL COLLEGIATE ALCOHOL AWARENESS WEEK

U DECIDE

IT STARTS WITH YOUR DECISIONS.

- DECIDE** – to take care of yourself and your friends
- DECIDE** – to not allow others to pressure you into drinking or drinking too much
- DECIDE** – if, when, how much, or how often you drink alcohol:
- 0 – if you are underage, pregnant, taking medication or driving
 - 1 – no more than 1 drink per hour
 - 3-4 – the total number of drinks on any one occasion
 - 1-2 – no more than 1 to 2 times per week

DECIDE – to keep safe by not drinking to excess, by not driving after drinking and by not riding with a driver who has been drinking

DECIDE – to protect your health, your academics, your friendships, and your future

The decisions leading to a safe and healthy future are up to you.



www.iatf.org

The Inter-Association Task Force on Alcohol and Other Substance Abuse Issues (IATF) is a coalition of higher education associations and organizations that seek to eradicate the abuse of alcohol, tobacco, legal and illegal drugs and other substances among college students. It strives to inspire students to review their lifestyles and make informed decisions regarding these substances. The Task Force supports teaching college students life skills that will enable them to be successful in college and afterwards.

Numerous organizations active in the higher education arena have made a commitment to provide the leadership for the IATF.

American Association of State Colleges and Universities
American College Health Association
American College Personnel Association
American Council on Education
Association of College and University Housing Officers-International
Association of Fraternity Advisors
Association for Student Judicial Affairs
The BACCHUS Network
Fraternity Executives Association
Golden Key International Honour Society
International Association of Campus Law Enforcement Administrators

National Association for Campus Activities
National Association of Student Personnel Administrators
National Association of State Universities and Land-Grant Colleges
National Athletic Trainers' Association
National Intramural-Recreational Sports Association
National Collegiate Athletic Association
North-American Interfraternity Conference
National Panhellenic Conference
The Network
Order of Omega

**NCAAW is always observed
the third full week of October.
Dates for 2009 are
October 18-24**



The BACCHUS Network
Saving Lives Since 1975

bacchusnetwork.org